



COURSE IN MANUAL HANDLING / BACK CARE

Course Aim

The Manual Handling course conducted by Krause Safety & Training Pty. Ltd. is designed for staff who perform regular manual handling tasks. It focuses on the causes of manual handling related injuries, the management and prevention of these injuries and the development of manual handling skills.

Participants will learn safe lifting principles and how to use the risk management model in regards to manual handling tasks. The course provides a practical forum to develop and consolidate new and existing skills relating to Manual Handling.

The Krause Safety & Training Pty Ltd - Manual Handling course is recognised as an integral part of good company management and policy. To be most effective, manual handling should become part of your organisations culture.

It should be integrated into your company's philosophy, practice and business plans rather than be viewed as a separate program. When this is achieved, manual handling becomes the business of everyone in the organisation.

Course Elements

- The law relating to Manual Handling, associated roles and responsibilities and relevant health and safety information;
- Manual Handling principles;
- Spinal anatomy, relevant structure and function;
- Causes of back pain and other handling related injuries;
- Risk assessment;
- Safer lifting techniques and team handling.

Course Assessment

Written and practical assessments are undertaken.

Krause Safety & Training Pty Ltd

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Qualification

A Statement of Attendance in:

- Manual Handling/Back Care

Delivery Mode

Face-to-face teacher-centred learning.

Please consult the latest online *Krause Safety & Training Calendar* for course dates.

Course Duration

4 hours

Course Fee

Please contact our office on 07 47289866 for a current course price list.

Maximum Numbers

Maximum of 12 people per course.

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